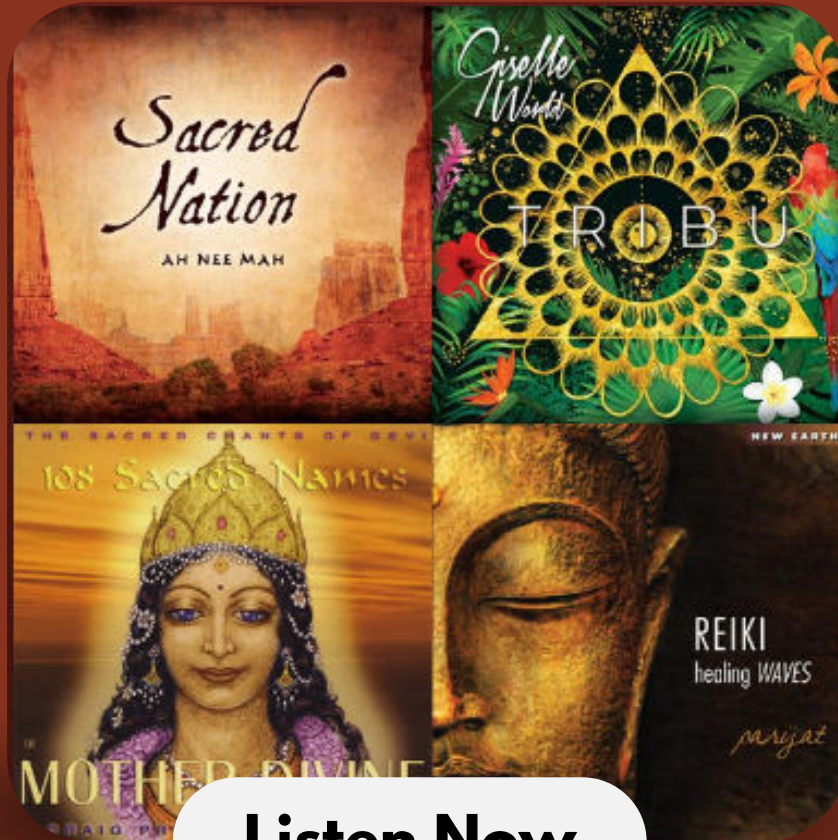





**A guide to  
help you  
navigate the  
world of  
psychedelics.**



**Listen Now**

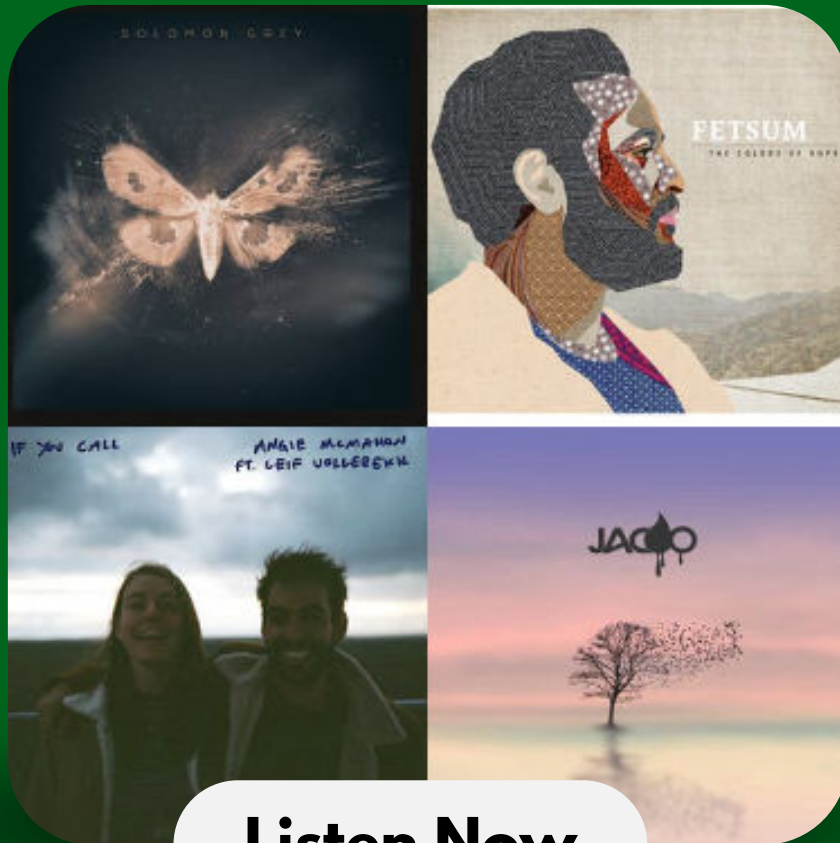
# Show Me The Truth - The Playlist for a Heroic+ dose of Mushrooms 🍄 ✨

Ideal for any dosage above 5 grams of mushrooms.  
Play from start to finish, no shuffle. Journey well ❤️

- 1  **Devi Prayer** 21:23  
Craig Pruess & Ananda
- 2  **Healing the Heart** 7:14  
Parijat
- 4  **Elementos** 7:27  
Giselle World, Herbert Quinteros



@alexanderwaters



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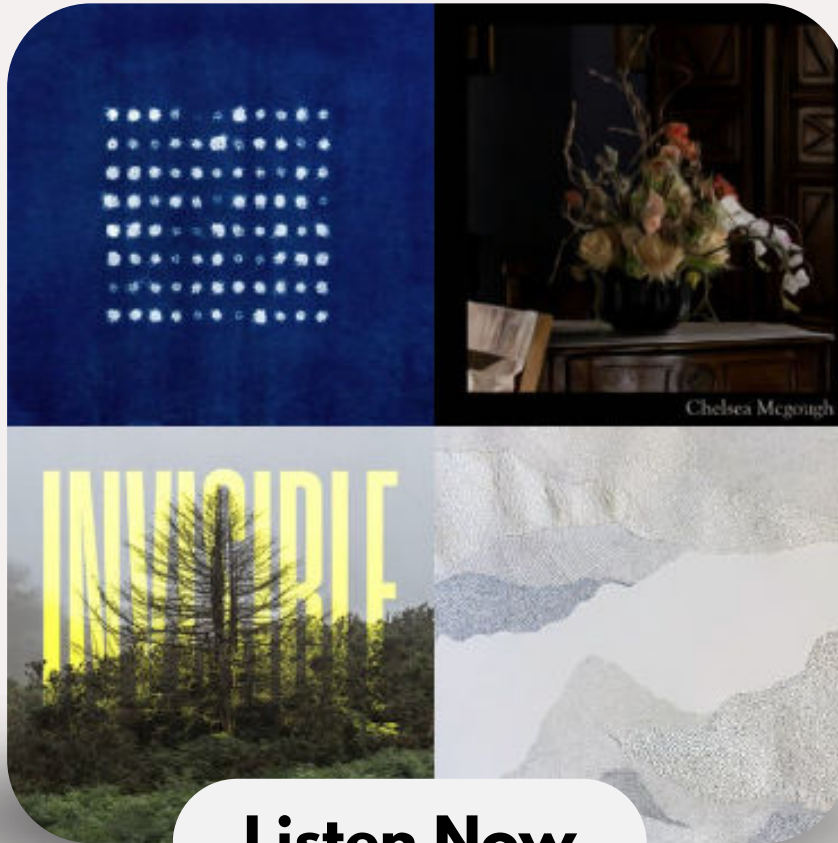
# Beautiful Music for a Beautiful Mushroom Journey 🍄🌟

Best suited for 1-3g of mushrooms with a beautiful intention. Play from start to finish, no shuffle. Journey well ❤️

-  **Watching Your Breathe** 5:10  
Jacoo
-  **Birth Of A River** 5:28  
Fetsum
-  **If You Call** 5:49  
Angie McMahon, Leif Vollebakk



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**Listen Now**

## Slow & Grounding Music

Use this playlist to help you slow down and breathe, de-stress, get back into your body, or let go of emotions. You are loved. ❤️

- |   |  |                                    |      |
|---|--|------------------------------------|------|
| 1 |  | <b>Paseo</b><br>Piotr Wiese        | 2:22 |
| 2 |  | <b>saman</b><br>Olafur Arnalds     | 2:11 |
| 4 |  | <b>Microcosm</b><br>Olafur Arnalds | 3:20 |



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If you have not yet read or listened to **'Have a Good Trip'** - *A guide to help you navigate the world of psychedelics*, you can find it here:

[eBook](#)

 [Spotify](#)

 [Podcasts](#)

If you wish to participate in an upcoming ceremony with Alex or the **Infinite Potential** team, please click here:

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